

## Questions for pupils

### School dinners

1. How often do you have school dinners *(please tick one box)..?*

Every day      most days      sometimes      never

2. If you have school dinners....

What do you like most about school dinners?

3. If you have school dinners...

What's the worst thing about school dinners?

4. If you could change one thing about school dinners...what would it be?

5. How could we get more children to eat school dinners?

6. Do you think parents should be invited to try a school dinner *(please tick one box)..?*

Yes      No       Maybe

7. The school would like to invite adults to come and have lunch with us. Who would you like to invite?

8. How often do you eat from the salad cart? *(please tick one box)*

every day      2-3 times a week      once or twice      hardly ever

9. What other types of salad would you like on the salad cart?

**School Dinners cont.d**

**10. What is your favourite meal (you can chose one from home or school)?**

**11. What is your favourite fruit or veg?**

**12. Are you entitled to a free school meal? If yes do you take the meal on a regular basis?**

**13. Where would you like more information about the school food available in the canteen? (Please tick all of the boxes that apply to you)**

**Notice boards**.....

**Newsletters** .....

**Assemblies**.....

**Website**.....

**Tutor groups**.....


**14. If you have a school meal, do you throw food away on a regular basis? (Please tick one box)**

**Yes** .....

**No**.....

**Sometimes**.....

**If yes / sometimes please state why below:**

.....


## Packed Lunches

### 15.If you have a packed lunch...

Why do you have a packed lunch (please tick one box)?

- my family tell me to
- I can have food I like
- I can sit with my friends
- my family say its cheaper
- another reason (please tell us!)
- I don't like school meals

## Lunchtime experience

16. How could we make the hall a nicer place to be at lunchtime?

17. Do you think the dining hall is too noisy?

Yes       No

18. Are there any issues with the queues at lunchtime? Describe them.

19. Do you think the lunchtime queues are too long?

Yes       No

20. Would you like to choose your meal before lunchtime?

Yes       No

## Food other than lunch

21. Would you like to have a breakfast club?

Yes       No

22. Would you like to have a tuck shop at break time?

Yes       No

## Food other than lunch cont.d

23. Taking into account the school food regulations. What food would you like to be available at breakfast?

24. Taking into account the school food regulations. What food would you like to be available at the tuck shop?

25. Would you have a snack at breaktime if it was free (colour in one smiley face)?

Yes Please



No thanks



## Cooking

26. Would you like to do more cooking in school? (please tick one box)

yes please

maybe

no thank you

27. We want to get more people in school learning about how to cook. Name 3 dishes you would like to learn to cook.

28. Would you show your parents how to cook it (please tick one box)?

Yes

No. Why not?

## Farms/farm visits

29. If we visited a farm... what type of farm would you like to visit (please tick one box)?

An organic farm

A non organic farm

A farm that grows crops

A farm that has animals

## General/mixed

30. Would you like to....

a)...join a cooking club (please tick one box)?

Yes

No

b)...join a gardening group (please tick one box)?

Yes      No

31. Would you like...(colour in a smiley face to show your answer)

More cookery lessons

Yes please

No thankyou



Food tasting



More farm visits



To grow our own food to eat



## Growing

32. We want to get more people in school learning about how to grow food. Name 3 types of fruit or vegetables you would like to see growing in our garden.

33. Would you like to have a gardening club? If yes would you like to have the club at lunch or after school?

34. Do you grow fruit or vegetable at home?

35. Do you know anybody at home that might like to help with the school garden?

## Secondary school specific

36. Which of the following descriptions fits you best? *(please tick one box)*

- I mainly eat school lunches
- I mainly eat a packed lunch
- I eat a mixture of packed lunches and school lunches

37. When do you eat your main meal of the day? *(please tick one box)*

- Mainly at lunchtime in school
- Mainly in the evening at home
- It varies
- I snack throughout the day rather than having one main meal

**38. What influences you on what you eat for lunch? (Please colour in all that apply)**

**Cost**.....



**Choice**.....



**Friends**.....



**Parents**.....



**39. How often would you say your first choice food has run out? (please tick one box)**

- Most days
- A couple of times a week
- A couple of times a term
- Hardly ever

**40. Why don't you use the school canteen? (tick as many boxes as you like)**

- Don't like the atmosphere
- Not enough choice of food
- Don't like food on offer
- Portions too small
- Queues are too long; I go to lunchtime clubs
- Slow service
- Too expensive
- Friends don't go there
- Parents don't want me to

**41. How could we improve the canteen?**

**42. If you have mainly packed lunches ...what needs to change so that you will have a school dinner?**

**43. Please suggest 3 meals you would like to see on the school menu.**



## Secondary School specific cont.d

44. Would you like more information about the food you eat in school  
(please tick one box)..?

Yes

No

Don't know

45. On scale of 1-5, how important is it to you to know how your food is  
produced and transported ? (please tick one box)

1 = not at all supportive

5 = very supportive

1

2

3

4

5

46. Do you agree with pupils selling food to other pupils in school (please  
tick one box)..?

Yes

No

Not sure

47. Have you heard about the governments rules on school food  
standards? (please tick one box)

Yes

No

Not sure

48. Would you like to hear more about the school food standards and what  
they mean for food served in school? (please tick one box)

Yes

No

Not sure

49. Which of the following descriptions fits you best when it comes to  
eating a healthy balanced diet? (please tick one box)

I know what I should eat to be healthy and do so most of the time

I know what I should eat to be healthy and manage it some of the time

I know what I should eat to be healthy, but I don't most of the time

I'm not sure what I should eat to be healthy

50. How supportive would you be of a sliding scale for prices, where healthy foods are cheaper and unhealthy foods more expensive? (please tick one box)

Very supportive

Fairly supportive

Quite supportive

Not at all supportive

51. Are you aware of the school's food policy? (please tick one box)

Yes

No

52. Do you think we should have composting bins / more composting bins in school (please tick one box)?

Yes

No

53. Would you be interested in where the ingredients for your school meal come from (please tick one box)?

Yes

No

54. On a scale of 1-5, how interested would you be in seeing how food is produced on a large commercial scale? (please tick one box)

1 = not at all interested

5 = very interested

1

2

3

4

5

55. How can we encourage recycling/reduce litter in school?

56. What would encourage you to take food tech at GCSE level?

## Miscellaneous

57. Food for Life is about encouraging people to reduce their “carbon foot print.” Which of the following describes “carbon foot print” the best (please tick one box)?

Carbon foot print measures how many footsteps we take every day. If we tread less on the planet it will be healthier.

Carbon footprint measures how much rubbish we produce; if we stop throwing so many things away every day the planet will be healthier

Carbon foot print measures how much carbon dioxide (a gas that causes global warming) we produce each day as we heat our homes, travel about and make things; if we reduce our carbon footprint the planet will be healthier.

58. Would you like to learn more about food within lessons in the following areas? Please tick all the boxes that apply.

- |                             |                          |
|-----------------------------|--------------------------|
| Healthy Foods .....         | <input type="checkbox"/> |
| Animal welfare issues ..... | <input type="checkbox"/> |
| Organic foods.....          | <input type="checkbox"/> |
| Food production.....        | <input type="checkbox"/> |
| Cooking demonstrations..... | <input type="checkbox"/> |